

MAKING PLANS AND SET GOALS FOR PROFESSIONAL ENHANCEMENT AND ACHIEVEMENT

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Welcome to the last issue of the College's Asia Pacific Journal of Health Management for 2022. I hope you have a relaxing Festive Season with family and friends and on behalf of the Board wish you a happy and successful New Year.

It is a traditional time to take personal stock, make plans and set goals for professional and personal enhancement and achievement for the coming 12 months. For some, after the challenges of the past few years, it may be perfectly reasonable to make no stressful additional plans at all. For others, those same challenges may have meant you were too busy to pursue anything more than the occasional professional development and so 2023 may be the perfect time for achieving more.

The College aims to support your career; however you choose to grow professionally. No stress? We will have a huge variety of free webcasts and low-cost networking events not to mention this Journal and Monthly Library Bulletins to keep you up to date. Spend a bit more and get together with your colleagues at our One Day Leadership Conference (March 17th in Melbourne) or our Annual Congress (October 11-13 in Canberra).

- If you want to achieve something a bit more substantial this year: Are you an Associate Fellow who is not a Certified Health Manager? Consider the Certification Program in 2023 and commit to lifelong learning and recognition for this commitment.

- Perhaps one of our Facilitated Learning Groups might appeal – we have FLG's in Project Management and Clinician to Leaders coming up in early 2023.
- Associate Fellow with sufficient experience to undertake Fellowship? Fellowship is our capstone program and a significant career achievement – applications close February 20th.
- Perhaps some career support through our free to members Mentoring Program? Or for our more expert health leaders you could choose 2023 as the year to give back by offering to be a Mentor.

No matter what you choose for the year ahead, I wish you a happy, healthy and satisfying 2023.

Thank you for spending time catching up with the latest research in health leadership and management through the articles you will find here in this Journal, it is a key element in achieving what I hope is our shared goal of "Better Leadership. Healthier Communities."

Dr Neale Fong
College President